

# Abigail Underwood, MSW, LSW

She/her/hers

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[www.abigailunderwood.com](http://www.abigailunderwood.com)

## RESEARCH INTERESTS

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Reproductive Justice, feminist social work, systems thinking, community-based participatory research, systems dynamics modeling, implementation science, population health

## EDUCATION

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**MSW-PhD in Social Work**, 2018 – ongoing – The Ohio State University, College of Social Work

- **Master of Social Work**, completed May 2020

**Bachelor of Arts**, August 2014 – May 2018 – Washington University in St. Louis, *cum laude with thesis*

## HONORS / AWARDS

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2022-2026. Health Policy Research Scholars. *The Robert Wood Johnson Foundation*. \$120,000. See website: <https://healthpolicyresearch-scholars.org/meetthescholars/abigail-underwood/>

2018-2019. University Fellowship for Incoming Graduate Students (merit-based), The Ohio State University. \$25,800 for first year of graduate studies.

2018. *Cum laude with thesis*. Washington University in St. Louis.

## PUBLICATIONS

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### *Peer-reviewed Journals*

**Underwood, A.** (2022). Book Review: Birthing a movement: Midwives, law, and the politics of reproductive care by Cramer, R. A. *Affilia*. <https://doi.org/10.1177/08861099221119460>.

Hyder, A., Smith, M., Sealy-Jefferson, S., Hood, R., Chettri, S., Dundon, A., **Underwood, A.**, Basset, D., & Norris, A. (2022). A community-based systems dynamics for reproductive health: A case study from urban Ohio. *Progress in Community Health Partnerships: Research, Education, and Action*.

[https://preprint.press.jhu.edu/pchp/sites/default/files/pchp\\_16-3\\_WIP\\_Hyder.pdf](https://preprint.press.jhu.edu/pchp/sites/default/files/pchp_16-3_WIP_Hyder.pdf)

## ***Under Review***

**Underwood, A.**, Hyzak, K., Ebersole, A., Bungler, A., & Berlan, E. (under review). Assessing innovation recipient and deliverer perspectives on an intervention to connect adolescents in outpatient mental health care to sexual and reproductive healthcare. *BMC Pediatrics*.

Hyzak, K., Bungler, A., Herrmann, S., Kerlek, A., Lauden, S., Dudley, S., **Underwood, A.**, & Berlan, E. (under review). Development of an implementation blueprint to scale-up a contraception care intervention for adolescents with psychiatric conditions in a pediatric hospital setting. *Global Implementation Research and Applications*.

## **CONFERENCE PRESENTATIONS**

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2021. Freisthler, B., Chadwick, C., Renick, K., Murphy, I. E., Shockley-McCarthy, K., **Underwood, A.**, Ye, Y. & Wolfe, J. “Parenting During a Pandemic: Assessing Parents’ Daily Stress and Use of Punitive Punishment.” Society for Social Work Research, virtual. [Oral Paper]

2020. **Underwood, A.** “Migration from Central America to the United States: A systems dynamics perspective.” Society for Social Work Research, Washington, DC. [Poster]

2019. **Underwood, A.**, & Flores, Y. “Pregnant Women in Migration: Service Gaps from a Feminist Perspective.” 4<sup>th</sup> Binational Mexico—United States Conference on Social Work and Migration, Houston, TX. [Oral Presentation]

2019. **Underwood, A.** “Migration from Central America to the United States: A Systems Dynamics Perspective/Migración de Centroamérica a los Estados Unidos: Una perspectiva de la dinámica de sistemas.” Congreso Nacional E Internacional de Trabajo Social, Cúcuta, Colombia. [Oral Presentation conducted in Spanish]

## **RESEARCH EXPERIENCE**

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**Graduate Research Associate**, August 2022 – ongoing – The Ohio State University, College of Public Health with Dr. Ayaz Hyder.

- *Targeted Investment and Meaningful Engagement to Improve MCH Outcomes and Rectify Historical Structural Racism: The TIME Study*. National Institutes of Health (R01HD109000). Collaboration with Nationwide Children’s Hospital. (PI: Dr. Deena Chisolm).
  - Responsibilities include participating in the core modeling team for systems dynamics modeling; designing and facilitating group model building sessions; data collection; causal loop diagram creation; literature review.

**Graduate Research Associate**, January 2022 – ongoing – The Ohio State University, College of Social Work with Dr. Alicia Bunger.

- *Coordination of Outpatient Mental Health Care and Adolescent Family Planning Services Via Telehealth*. Subcontract with Nationwide Children’s Hospital (PI: Dr. Elise Berlan; Nationwide Children’s Hospital).
  - Responsibilities include conducting qualitative study to examine provider perspectives and needs related to implementing a contraceptive counseling program for adolescents with mental health needs.
- *Implementation of Contraceptive Care for Hospitalized Adolescents with Mental Health Disorders*. Organon. Subcontract with Nationwide Children’s Hospital (PI: Dr. Elise Berlan; Nationwide Children’s Hospital).
  - Responsibilities include participant recruitment, manuscript writing
- *Ohio START Pilot Project Evaluation*. Public Children Services Association of Ohio (US Department of Justice/OH Attorney General 2019-VOCA-132234677). (PI: Dr. Bridget Friesthler).
  - Responsibilities include qualitative data cleaning, coding, and analysis to understand collaboration strategies, facilitators, and barriers for a state-wide, multi-system intervention program.

**Graduate Research Associate**, January 2019 – May 2020 – The Ohio State University, College of Public Health with Dr. Ayaz Hyder

- *Project C2: Infant and Maternal Mortality*. Sub-project within the Ohio Policy Evaluation Network Implementation Grant. Anonymous Foundation. (PIs: Dr. Alison Norris and Dr. Danielle Bassett).
  - Responsibilities included co-facilitating community-based participatory workshops with reproductive health stakeholders, collaborating to create a systems dynamics policy simulation model based on the community workshops, reporting the findings to Foundation stakeholders.
  - Website with results of project: <https://open.osu.edu/investigating-ohios-high-infant-mortality/>

**Graduate Research Associate**, August 2019 – May 2020 – The Ohio State University, College of Social Work with Dr. Bridget Friesthler

- *Enhancing Permanency in Children and Families Program (EPIC)*. Children’s Bureau, Administration for Children and Families, Department of Health and Human Services Grant Number 90CU0083. (PIs: Dr. Bridget Friesthler, Dr. Kathryn Maguire-Jack)
  - Responsibilities included qualitative data collection through one-on-one interviews, project management
- Additional responsibilities across various projects included geocoding in geographic information systems (ArcMap), quantitative data cleaning, literature review, codebook creation and maintenance.

## **PROFESSIONAL EXPERIENCE**

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**Community-Based Family Therapist, Functional Family Therapy**, May 2020 – November 2021 – The Buckeye Ranch

- Provided evidence-based therapy to youth ages 11-18 with behavioral health concerns and their families.
- Collaborated with collateral providers and organizations to serve clients' needs.
- Creatively adapted engagement and therapy strategies to meet family needs during the COVID-19 pandemic.
- Documented all client interactions, maintained online client health records, and conducted assessments to support evidence base.

**Kids' Club Program Lead and Social Work Intern**, May 2019 – May 2020 – Serving Our Neighbors Ministries

- Lead after-school program for first-generation, school-aged children focused on social /emotional learning, food security and academic assistance.
- Designed, implemented, and facilitated programs to address summer food insecurity for children.
- Organized and visualized data to understand service areas and total clients reached.
- Additional responsibilities included: Volunteer coordination, event planning, program evaluation, client records management and assisting with grant applications.
- Previous titles included: AmeriCorps Summer VISTA (Summer 2017), Summer Associate (Summer 2018, Summer 2019)

**Social Work Intern**, January 2019 – May 2019 – The Columbus Dream Center

- Responsible for researching, designing, and implementing a case management system for individuals experiencing homelessness. Facilitated programs for youth development and to address food insecurity.

## **COMMUNITY TRAININGS**

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July 2020. Trauma-informed Family Engagement: Understanding the Impact of Implicit Bias and Structural Racism. Participant.

December 2019. Reproductive Justice Institute by Unite for Reproductive and Gender Equity (URGE). Participant.

## **SERVICE**

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2022-2023. President. Doctoral Student Organization, The Ohio State University at the College of Social Work.

2022-ongoing. Member. Taskforce for Social Work Criminalization. National Association of Social Workers, Ohio Chapter.

2018. Volunteer. Council for Social Work Education, Annual Program Meeting.

2018. Volunteer. Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery, National Meeting.

## **LICENSE**

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Ohio Counselor, Social Worker, MFT Board S.2005102

## **SOFTWARE AND LANGUAGE PROFICIENCY**

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Spanish: advanced proficiency in reading, writing, and speaking.

Microsoft Office Suite: advanced proficiency

SPSS: intermediate proficiency

NVivo: intermediate proficiency

Stella Architect: intermediate proficiency

ArcMap GIS: intermediate proficiency

R: emerging proficiency

Stata: emerging proficiency

Website development: emerging proficiency (see [abigailunderwood.com](http://abigailunderwood.com) for example)

LaTeX: emerging proficiency